



Connections

Eastern Band of Cherokee Indian's
Health and Medical Division

Volume 5

January 5, 2004

The mission of the Eastern Band of Cherokee Indian's Health and Medical Division is to assist tribal members in achieving and maintaining their desired quality of life, by providing an exceptional, community focused health system and to serve as good stewards of tribal resources entrusted to us.

THING CHANGE

**Is your focus on growth and adventure or simply on staying the same?
Are you willing to try something new?**

Motivation means movement. It means tapping the power that lies within each one of us to move forward, to make a difference, to advance ourselves and the people around us. Motivation means going places and doing things, not standing still. When we focus our attention on change, innovation, growth, improvement, education, experimentation, adventure and discovery, we energize and enrich ourselves. We create momentum, a powerful force that provides confidence and self esteem.

However, when we focus our attention on staying the same, on maintaining a fixed position, we start losing energy and suddenly find ourselves stagnant, outdated, and unmarketable. Soon we are living in fear, doubting our abilities and overwhelmed with the rapid changing world around us. We are fighting for the illusion of security, failing to recognize that real security lies within us.

It doesn't take a miracle to change. All it takes is a little faith, a willingness to trust yourself and a commitment to try something new. Anyone can do it, and everyone should. Make an effort to expand your horizons. Open your mind. Broaden your scope. The world is changing at an accelerating pace. Your choice is simple. Adapt, thrive, or fall behind.

**If you do what you've always done, you'll get what you've always got.
What are you going to do different in your program this year?**

“Moments of Excellence”

Attention, Attention, may we have your attention please.

A Moment of Excellence: Dr. Cox's presentation to Tribal Council on CIH Dental Services.

Good Job Dr. C. !!!

A Moment of Excellence: This is our 5th edition of Connections!

A Moment of Excellence: Congratulations to the Hospital Kitchen for getting a health department score of 99%!

WE WANT TO KNOW?

In regards to Administration, what would you like to see more of this year? What would you like to see less of?

Send your replies by email to jodiadam@nc-chokeee.com or to summlloss@nc-chokeee.com or if you would like to submit anonymously through the mail.

UP AND COMING

January	19	Martin Luther King Day
	20	2003 QA, Goals, Competency, Satisfaction surveys due.
February	16	President's Day
	17	2004 Quality Assessments due. (the 8 month version)
March	9-10	FY-2005 Program Planning

Frequently Asked Questions

QUESTION: *I am an Administrative Assistant, can I take Education leave to go back to get a degree in Elementary School Education?*

ANSWER: No, according to the EBCI Personnel Policy, "Education leave is time off in pay status for employees to upgrade their knowledge and skills *in relation to their jobs.*"

HMD NEWS

ADMINISTRATION

Can you answer YES to the following questions?

YES	NO	
		Does Administration have an electronic copy of your programs 2003 policies and procedures?
		Do you have position descriptions that are older than two years and need updating?
		Have you given all employees a copy of their PD?
		Have you informed employees of their new levels?
		Have you completed a 2004 preliminary Performance Evaluation on your employees and had them sign it?
		Have you updated your program brochure?
		Have you distributed your program brochure to other programs and CIH?
		Have you reviewed your program's mission?
		Have you developed new goals and objectives for 2003?
		Have you developed your new 2004 (8 month) QA?
		Have you completed your 2003 QA report?
		Have you completed your 2003 QA review?

		Have you completed your 2003 Goal and Objective review?
		Have you completed your 2003 Competency review?
		Did you do a 2003 Customer Service Survey?
		Did you do a 2003 Patient Satisfaction Survey?

Just something to think about at year-end. If you answer no to any of the above put it on your TO DO list.

BEHAVIORAL HEALTH
CHEROKEE CHOICES
CHEROKEE COUNTY CLINIC
CHEROKEE PHARMACY
CHILDREN'S DENTAL
COMMUNITY HEALTH
(CSC, MCC, Health Check, CHN, CHR)
DIABETES
HEALTHY CHEROKEE and
INJURY PREVENTION
HOME HEALTH
MEDICAL ACCOUNTING
MEDICAL COMPLIANCE
QUALLA YOUTH HEALTH CENTER
(ELEMENTARY SCHOOL NURSE, HEALTH OCCUPATIONS, HIGH SCHOOL NURSE)

RECOVERY SERVICES CENTER
(RECOVERY COMMUNITY SUPPORT)

- Welcome to 2004 Everyone! Here at RSC, Debbie and Peggy took part in the AYeGa Sober Dance on New Years Eve, which was at the Dora Reed Center and then the Wellbriety Ceremony on January 1st, which took place at the "Crying Tree" located in the field down from Unity. Both events were well received and as always, the message and the food were excellent!
- Everyone is now connected to the RMPS and working on streamlining our policies and procedures. All the counselors have been re-certified and updated on all credentials.
- A few months ago both RSC and AYeGa attended a group retreat to help us interact and respond to each other's needs in both positive and professional ways. It was very helpful in bringing us together under several common goals.
- We have extended our services to included both group and individual counseling for the women involved with the Tribal Walkingstick Shelter. It has been a blessing to see that program grow over the last couple of years and a privilege to participate in its development.
- We also have a program for inmates in the jail system in Swain and the surrounding counties that Gordon has been working on. And speaking of Gordon, please keep him in your prayers as his cancer has returned. We are not sure exactly what that means to the program staff but we are praying for a total recovery. Until the next time, remember: People usually like to be in the front of the bus, in the back of the church and in the middle of attention!

Peggy Lou Bell



AYeGa hosted the “First Night Dance Celebration” on New Years Eve at the Dora Reed Center. The dance was a drug/alcohol free event and open to everyone in the communities who is in recovery or who wants to be in recovery. We had an average of 60 people attend. This number is considerably high given the holiday being celebrated. We are confident that with each dance we have the attendance will grow. Carolina Music Service provided the music as well as the light and laser show. Everyone was very pleased with the entertainment. There was a horde of food and drink to feast on throughout the evening. To top off the night, the New Year was brought in with noisemakers and sparkling grape juice! Everyone who attended had a blast! AYeGa looks forward to seeing everyone who was at this dance at our next one on Valentine’s Day! Keep your eyes peeled for the details

SUPPLEMENTAL HEALTH INSURANCE

SHIP will hold a disability clinic on March 24 & 25, 2004. If you know of someone who should apply please have him or her call 497-7473 to schedule an appointment. The cut off date for this clinic is March 5, 2004

THIRD PARTY BILLING

TRIBAL CONTRACT HEALTH SERVICES



Please welcome Teresa Reed as the new administrative assistant to Tribal Contract Health, her office will be located at Health Delivery.

URGENT CARE
WELLNESS CENTER
WIC
WOMEN’S WELLNESS

WOUND CARE

Congratulations to Sis Cabe, Bea Smith, and Leanna Wiggins on the completion of their 3rd year of service for the Tribe!

EBCI NEWS

REPORTS

HMD MANAGER’S

Rescheduled for January 20th, 9:00-10:30 in HMD Conference Room.

HEALTH BOARD

January 28, 9:00, Tribal Council Chambers

Connections
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2003-2005
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